

27 - 29 Market Street Eastleigh Hampshire SO50 5RG Telephone: 023 8062 9388 Email: hc3s.support@hants.gov.uk

Dear Parents and Carers,

# HC3S – Your New Catering Provider from September 2018

HC3S are delighted that Ferndown Middle School has asked us to provide their catering services from September 2018.

We provide quality catering to schools across Dorset, Wiltshire and Hampshire. To help you decide what option to choose for your child's school meal, we would like to tell you a little bit about the food we provide.

Many of the team at HC3S has school children, and as parents, we understand how important this decision is. You want to make sure that your child eats at lunchtime, what they have is nutritionally balanced and also that the option you select is value for money. We taste test our food with children and listen to what they tell us before finalising our menus.

Our ethos is about food to make your children flourish, by providing nutritious food, cooked fresh every day and which is responsibly sourced, giving your children a balanced diet with healthy food choices that aid concentration levels and give them energy to focus and to play.

All our meat is British, fish is from sustainable sources and as much food as possible, is locally sourced. We have a number of organic produce on the menu too such as yoghurt from family farm Yeo Valley.

## Menus and special diets

Hampshire County Council

Our lunches consists of a protein rich main course, vitamin-packed vegetables along with rice, pasta dishes or potatoes to give your child energy to keep them alert all afternoon.

We offer a choice of homemade bread and fresh fruit with every meal to top up those growing bodies. Children can choose from a choice of meat/fish main meal, vegetarian main meal or a jacket potato option each day plus a dessert. In addition, your child can also choose from a wide choice of salad, sandwiches and further cold options.

All meal deals will be priced at £2.20, which will buy a main course and dessert or jacket potato and dessert. The menu runs on a three-week cycle to give variety. All other items are individually priced, and the price list will be on the school's website in the Autumn Term.

Director of Culture, Communities & Business Services Karen Murray



www.hants.gov.uk

Visit our web site for our easy guide on how to apply for a medically registered special diet if your child needs one. We specialise in special diets, so you can be rest assured that your child will have a diet catered to meet their needs and you can have peace of mind.

## Theme Day Events

Our theme days are really popular in our schools and a great way to encourage children to try new food, so look out for these throughout the year.

From World Book Day to British Food Fortnight, themed events are fun and friendly and celebrate an enjoyment of flavours. They will be advertised in advance through the school or on our Facebook page.

## Eat and Save

Don't forget to register for your child's free meal if you are eligible – see the Dorset County Council website for details.

## Getting in Touch

We value parental feedback and would love you to post a review on our Facebook page. Alternatively, you can email us at hc3s.support@hants.gov.uk.

Payment is currently by cash on a daily basis. We will be moving to a cashless system and details will be sent in the Autumn Term.

Yours faithfully,

Carol Stebbing Head of Service