

R1: Week 4: Banana and raisin snack bars

Date:

Banana and Raisin Snack
bars



Ingredients:

90g butter or margarine
30mls runny honey
2 medium ripe bananas
60g raisins OR other dried fruit
240g oats
4 tsp ground cinnamon
12 muffin cases

* Ingredients supplied by the school

Named container with lid to take food home.

R1 Week 5: Jam / lemon Curd Tarts

Date:

Jam or Lemon Curd Tarts



Ingredients

200g plain flour
100g butter
1/3 jar of jam or lemon curd
3-5tbsp cold water*

- Ingredients supplied by the school

Named container with lid to take food home.

Ferndown Middle School



Problem with recipe?

Speak to Mrs Baynam



Year 6 Rotation 2 Ingredients List

Please keep this leaflet in a safe place. It will tell you each week the ingredients your child will need to bring to school.

Always remember a named container to carry the food home.

R1: Week 1: Cheesy Naan

Date:

Cheesy Naan



Ingredients:

250g plain flour, plus extra for dusting
2 tsp sugar
 $\frac{1}{2}$ tsp salt*
1 tsp baking powder
130 ml milk
2 tbsp vegetable oil

For the filling:

70g cheese
1 clove of garlic

* Ingredients supplied by the school

Named container with lid to take food home.

R1: Week 2: Leek and Potato Bake

Date:

Leek and Potato Bake



Ingredients

1 vegetable stock cube
2 large potatoes
3 leeks
100g cheese
15g butter
25ml double cream*

Essential: casserole/ovenproof tin or dish to take food home in. School CANNOT provide this.

* Ingredients supplied by the school

R1: Week 3: Berry and Oat Muffins

Date:

Wholemeal Berry and
Oat Muffins



Ingredients:

125g Wholemeal flour
100g Plain Flour
2 eggs
300ml Milk
30g Butter or margarine.
200g of a Berry of your choice.
12 muffin cases
1tbsp sugar,
1tbsp baking powder*
1 tsp bicarbonate of soda*

* Ingredients supplied by the school

Named container with lid to take food home.