

R2 Week 1: Cheesy Naan

Cheesy Naan



Ingredients:

125g plain flour, plus extra for dusting
1 tsp sugar*
1/4 tsp salt*
1/2 tsp baking powder
65 ml milk
1 tbsp vegetable oil

For the filling:

40g cheese
1/2 clove of garlic

* Ingredients supplied by the school

Named container with lid to take food home.

R2: Week 2: Leek and Potato Bake

Leek and Potato Bake



Ingredients

1 vegetable stock cube
2 large potatoes
2/3 leeks
100g cheese
15g butter
25ml double cream*

Essential: casserole/ovenproof tin or dish to take food home in. School CANNOT provide this.

* Ingredients supplied by the school

R2: Week 3: Blueberry Muffins

Blueberry Muffins



Ingredients:

250g Plain Flour
2 eggs
175ml Milk
150ml sunflower oil
100g blueberries
12 muffin cases
150g caster sugar
2 tsp baking powder*
1 tsp vanilla extract*

* Ingredients supplied by the school

Named container with lid to take food home.

R2: Week 4: Banana and raisin snack bars

Banana and Raisin Snack bars



Ingredients:

90g butter or margarine
30mls runny honey
2 medium ripe bananas
60g raisins OR other dried fruit
240g oats
4 tsp ground cinnamon*
12 muffin cases

* Ingredients supplied by the school

Named container with lid to take food home.

R2 Week 5: Jam / lemon Curd Tarts

Jam or Lemon Curd Tarts



Ingredients

200g plain flour
100g butter
1/3 jar of jam or lemon curd
3-5tbsp cold water*

- Ingredients supplied by the school

Named container with lid to take food home.

Ferndown Middle School

Problem with recipe?

Speak to Mrs Baynam



Year 6 Rotation 2 Ingredients List

Please keep this leaflet in a safe place. It will tell you each week the ingredients your child will need to bring to school.

Always remember a named container to carry the food home.