



Year Group	6	Subject	PSHCE	Taught in	Autumn
Title	Being Me in My World				
Summary	Identifying goals, the Universal Rights of Children, understanding how our actions can affect others locally and globally, rewards, consequences and responsibilities, democracy and the school community				
Key Skills	Expressing fears and worries; learning how to cope with these Learning that choices about behaviour can have rewards and consequences Learn how democracy and having a voice benefits the school community Valuing and respecting human rights				
Cross-Curricular					

Year Group	6	Subject	PSHCE	Taught in	Autumn
Title	Celebrating Difference				
Summary	What is normal? How a disability affect someone's life, disabled people with amazing lives, power struggles, bullying behaviours, investigating how difference can cause conflict and be a reason for celebration.				
Key Skills	Develop empathy with people who are living with disabilities Identify unhelpful stereotyping Appreciate how a disability may affect a person's life Learn to manage feelings and to know a range of strategies to deal with bullying behaviours.				
Cross-Curricular					
Extra-Curricular	Anti-Bullying Play and Workshops				

Year Group	6	Subject	PSHCE	Taught in	Spring
Title	Dreams and Goals				
Summary	Setting personal goals and identifying the steps needed to reach them, problems in the world, working with others to make a difference to others, recognising our achievements.				
Key Skills	Identifying learning steps to reach a goal and developing self-motivation Giving praise and compliments to others Showing empathy with people in the world who are living in difficult conditions				
Cross-Curricular					



Year Group	6	Subject	PSHCE	Taught in	Spring
Title	Healthy Me				
Summary	The impact of food on the body, drugs, alcohol, emergency aid and the recovery position, what it means to be emotionally well, what triggers stress and how to manage stress.				
Key Skills	Know about the impact of food choices on the body and mind. Understand appropriate use of drugs Evaluate how alcohol can affect people's lives in both a negative and positive context. Learn how to deal with an emergency situation and how to get help				
Cross-Curricular					

Year Group	6	Subject	PSHCE	Taught in	Summer
Title	Relationships				
Summary	Relationship webs, love and loss, power and control, staying safe with technology,				
Key Skills	Learning strategies to deal with loss and managing our feelings Recognising power in relationships and how this can be used Using technology responsibly and safely				
Cross-Curricular					

Year Group	6	Subject	PSHCE	Taught in	Summer
Title	Changing Me				
Summary	Self-image and body image, puberty; looking after yourself emotionally and physically, conception to birth, attraction, moving on to year7				
Key Skills	Developing self-esteem and expressing how changes during puberty make us feel Understanding the importance of looking after yourself physically and emotionally Develop an understanding of how relationships may change during puberty				
Cross-Curricular					