



CLEVERCHEFS

Creative Minds

Hello

Let us tell you a little bit about ourselves.

We are passionate about making **amazing** food. We always make sure we go that extra mile to give you that real "**wow**" factor whilst making food nutritious and delicious.

Cleverchefs was founded in 2015 by Nick Collins, whom you may have seen on **Masterchef the professionals** a few years ago. Cleverchefs was brought to life with a dream to produce fun and **vibrant** food worth talking about in the hospitality sector.

Our **ethos** is about providing **perfection** as a standard. This means that we promise to use the **freshest** local ingredients, cooked and served by dedicated **professionals**, whilst doing our best to be **sustainable** in every area of our business.

We hope that we can bring a new lease of life to the lunchtime and provide dishes that your children will **love** and talk about when they go home.

Please feel free to get in touch with us at feedme@cleverchefs.co.uk if we can be of any assistance.



**CLEVERCHEFS
BY NATURE**

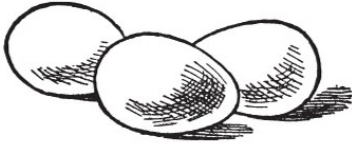
OUR FOOD PROMISES



Our meat is always from British farms



All vegetables served will be fresh (except peas)



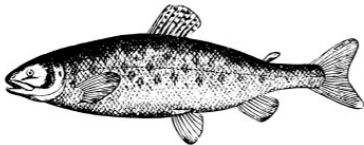
We only use free-range eggs in our dishes



CLEVERCHEFS *Creative Minds*



We will always use sustainable fish suppliers



All milk used by us will be from red tractor accredited farms



All bread will come from locally sourced bakers or made fresh by our chefs on site



CLEVERCHEFS

A HEALTHY START FOR EVERY CHILD

We understand that the first few years of eating at school can play a huge part in shaping a child's relationship with food.

Starting out in the right way, seeing healthy fresh food as the norm is so positive for their future eating habits.

We are on a mission to provide food that children want to engage with and, most of all, enjoy, encouraging our young students to try new foods and enjoy the vibrancy of different textures and tastes from across international cuisines.

“ CHILDREN WHO EAT HEALTHY, FREE SCHOOL MEALS HAVE LOWER OBESITY RATES, BETTER ACADEMIC PERFORMANCE AND BEHAVIOUR AND IMPROVED LIFETIME PRODUCTIVITY.”

The Food Foundation

We are also realistic in what we provide for our young customers, it has to be recognisable, so where we can make food that naturally appeals better for them we will, like using wholemeal pasta & wholemeal flour in our bread, reducing sugar in our bakes and fortifying sauces with vegetables. All of our primary schools use 95% fresh produce.

Pretty much everything except peas is fresh in our kitchens.



UP TO £494
PER PUPIL PER YEAR

A HOT PLATE OF FOOD FOR EVERY CHILD

Free school meals are available to any full-time pupil who is still at school and eligible. This includes nursery children who attend full days and also sixth form students.



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FREE FOOD

NOT CHEAP FOOD



FREE

To Your Child



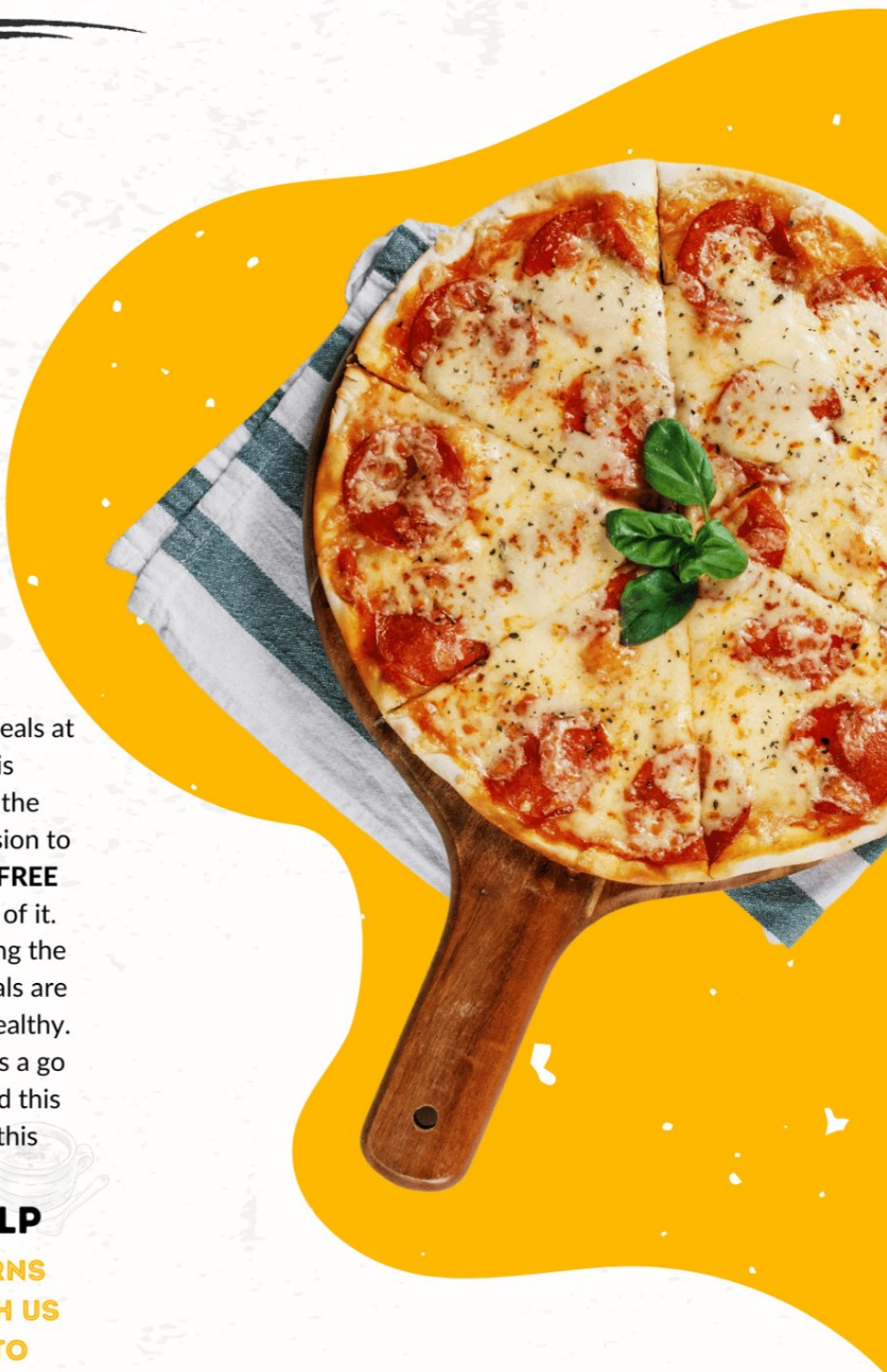
Cleverchefs will be providing the meals at your children's school from this September, shaking things up in the school food scene we are on a mission to get everyone who is entitled to a **FREE SCHOOL MEAL** making the most of it. Our food is made from scratch using the very best **British** produce. Our meals are **nutritious and tasty** whilst being healthy. We are asking all parents to give us a go and let us cook lunch for your child this term, after all you're entitled to this amazing benefit.

WE ARE HERE TO HELP

**IF YOU HAVE ANY CONCERNS
PLEASE GET IN TOUCH WITH US
AND WE WILL BE HAPPY TO
ADVISE YOU.**

FEEDME@CLEVERCHEFS.CO.UK

WWW.CLEVERCHEFS.CO.UK



EATING WELL DOING GOOD

At Cleverchefs, we **encourage** everyone to participate in our **healthy** eating ethos.

We understand how important it is for our food to appeal to your children. But more than that, we know the importance of making meaningful connections. We focus on engaging with your children daily to ensure that the food they receive is **satisfying** and nutritionally balanced.

We have some simple but impactful guidelines for our school food offer, ensuring our meals have **good** sources of protein and starch, accompanied by lots of vegetables, salad & fruit.

Our kitchens will always be staffed with **real chefs**, so if your child has a food allergy or food intolerance, our well-trained team will put procedures in place to ensure we provide those meals safely and meet dietary needs.

If your child has an allergen please visit cleverchefs.co.uk/allergens for everything you need to know. You can then complete the form on the website link and send a copy of this and the supporting medical information to diets@cleverchefs.co.uk as well as your school admin office or alternatively please request a copy from your school admin office:



SNEAK PEEK

Our Promos

COURGETTES COURGETTES COURGETTES COURGETTES COURGETTES COURGETTES

FACTS

- Believe it or not, courgettes aren't a vegetable, but a fruit because they are full of seeds. This cucumber-looking and shaped veg is part of the Cucurbit family, which also happens to be home to squash and cucumbers
- Courgettes contain minimal calories and lots of water.
- Courgettes contain plenty of Vitamin C, which is good for supporting the immune system, and potassium, which can help maintain normal blood pressure



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Produced in France

APPLES APPLES APPLES APPLES APPLES APPLES

FACTS

- The Vitamin C in apples helps in tissue repair and the making of collagen. Besides strengthening bones, Vitamin C helps heal wounds and prevent gallbladder disease.
- Pectin is a soluble fibre found in apples that can help control diarrhoea, promoting digestion and preventing constipation.
- Apples are rich in Vitamin C, fibre and phytochemicals.
- Apples contain dietary fibre that helps reduce levels of bad cholesterol.



CLEVERCHEFS
Produced in France

RASPBERRIES RASPBERRIES RASPBERRIES RASPBERRIES RASPBERRIES RASPBERRIES

FACTS

- A raspberry is made up of many tiny bead-like fruits called "drupelets" clustered around a core. Each drupelet contains one seed, and an average raspberry has 100 to 120 seeds.
- There are different varieties of raspberries - red, purple, gold and black.
- Raspberries are high in Vitamin C, Potassium, and Folate, and they have no fat, cholesterol or sodium.
- Raspberries are high in fibre. One cup of raspberries provides 8.34 g of dietary fibre.



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Produced in France



GIMME, GIMME more

GIMME more GIMME, GIMME

GREEN ASPARAGUS TENDS TO HAVE HIGHER LEVELS OF NUTRIENTS, SUCH AS PROTEIN, AS WELL AS ASCORBIC ACID, CALCIUM, THIAMIN, AND NIACIN.

PUMPKINS PUMPKINS PUMPKINS PUMPKINS PUMPKINS PUMPKINS

FACTS

- The word 'pumpkin' comes from the Greek word pepón, which means a "large melon".
- Pumpkins are actually a fruit!
- Pumpkins are packed with antioxidants. Beta-carotene, which gives pumpkins their orange colour, is a free-radical fighting antioxidant. Our bodies convert ingested beta-carotene into vitamin A, which is essential for healthy skin and eyes while also strengthening the immune system.
- Pumpkins are 80 - 90 % water.



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PEAS PEAS PEAS PEAS PEAS PEAS PEAS PEAS PEAS PEAS PEAS PEAS

FACTS

- On average everyone in Britain eats nearly 9,000 peas per year.
- The world record for eating peas is held by Janet Harris of Sussex, who, in 1984, ate 7175 peas one by one in 60 minutes using chopsticks!
- Thick London fogs of the 19th and 20th centuries were dubbed 'pea-soupers' because of their density and green tinge. (eww)



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FIND THE WORDS

- BUIDS
- COINUED
- COOKED
- COORNI
- FLINGS
- FREZE
- FRESH
- HARVEST
- JUICY
- PERENNIA
- PIE
- PIECS
- PLANT
- POPULAR
- RAW
- RED
- WINDMILLS
- NOTES
- SAUCE
- SOLID
- STALKS
- STORAGE
- STRONGY
- TRANDY
- TRUCK

RHUBARB WORD SEARCH PUZZLE

D G C O O K E E D Y C I U J
I O S I P E R E N N I A L
K V P G H Z G W A T I
E H S I N E R R K R R T
B C I D D I A I H T X Z S
S O B R U L U C H A K E
W E F A U B Z L S K L S V
T E C P S O T T I A A T R
E N O E M V R I T F L S A
N P A E I F E S S B K T B
D W S L R P S A T D W N F
E U T E P C S T O R A G E
R K D S D E E S O R R Y E
R C A N N E D T R Y L T

The words appear in: RAW, RED, WINDMILLS, NOTES, STRONGY, TRANDY, TRUCK

FIND THE WORDS

Form: Square
Theme: Random
Number of Words: 10

S F R A B L A K W C L L M H E R I
L G I J K Q A A D O J J X A
B B A M D A R A B O B U C E Q
O N M G S D T H V A S H O G K C
C D H U P T H Y A V R U J O J
D O R Z E F F I A I C V P N
O L L L P I V V Y A R R U S
H R B L S L E T S U R S O S
C A R R B O Z C S N A R T H
P T W H T E R H W C P A C U
J X S E G D O Z Z M A S T B V
Z I S W B O S M C T A S I C U
P Q P G W X Y H T I C A L G
R T C O H T O D S I L L W G
G O J W H A H B R M G C V E



TEST YOUR KNOWLEDGE FIND THE WORDS

Peas out, yo!

E C R U O G R U B A E O T T
A A R T E F R P P C E A D O
I R P P E P E C E I B C O S
C R E A R B A E E O T C B
A O O B A O S T S I T F X
R W I A I T T V L W A
O Y V I N T A I E I S T S
T D E O R T T I D D E R
E R T C A R E O N S I
N A L Y R U K T I O T O P P
O P F R E I I E A S P S P
T E T E C T E T S O P P C
D S A S R O N T S D H C O
S I A N T I O X I D A N T S

- BUILD
- COOK
- FLIP
- FRUIT
- GREEN
- PERENNIAL
- PEAS
- PIE
- PLANT
- TRUCK



CLEVERCHEFS

“

We are on a mission to make school dinners fun and healthy

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A MESSAGE FROM OUR FOUNDER

Our approach to food in our education sector is simple. We make sure we source the very best British ingredients.

Nothing processed, and nothing added.

We ensure our kitchens are led by real chefs with a background in fresh food, our training is second to none, and they are fully briefed on our mission to provide first-class food & service.

We will always strive for something perfect. Cleverchefs is chef-led by me, and I understand what real food should look like, and that message filters through to the whole team. When you step onto a Cleverchefs site, you can feel the passion for incredible food.

Our menus have been carefully crafted to consider the seasons—our pupil's tastes and preferences.

We are on a mission to make school dinners fun and healthy.

You are in safe hands with us in your kitchens.

Nick Collins

CLEVERCHEFS

Creative Minds

Independent, innovative caterers



FIND OUT MORE ABOUT US



www.cleverchefs.co.uk

